

# Blairsville Dance Project

## 2018-19 Class Descriptions

### Ages 18 months to 3

**Dance With Me:** A fun, 45 minute per week class where students ages 18 months to 3 years old bring a parent or helper with them to dance class. Students work on movement, balance, musicality and classroom etiquette. *Taught by Ms. Molly*

### Ages 2 and 3

**Creative Movement:** Our youngest dancers will learn 30 minutes of ballet and creative movement each week, giving them a strong foundation and preparing them for a future in our more advanced classes, while having fun, meeting new friends and enjoying a new activity. *Taught by Ms. Molly*

### Ages 3 to 5

**Tap/Ballet Combination Class (Ages 2 ½-5):** Our ballet/tap combination class provides a strong dance foundation, preparing students for a future in our more targeted dance classes. *Taught by Ms. Molly*

### Ages 4 and up

**AcroDance:** AcroDance teaches students tumbling, contortion and dance while increasing flexibility and strength.

*Hip Hop/Acro Combo with Ms. Molly (Ages 4-6), AcroDance 1 with Ms. Aly (skill-based placement for ages 7+); AcroDance 2 with Ms. Brett (skill-based placement for Ages 8+)*

**Ballet:** Ballet is the foundation for all classical dance. This class teaches the discipline and exercises of ballet, as well as ability-appropriate steps, combinations and across the floor moves.

*Fairy Tale Ballet with Ms. Molly (Ages 4-6), Ballet (Ages 7-11) with Ms. Brett, Ballet (Ages 12+) with Ms. Brett, Pre-Pointe with Ms. Brett, Pointe with Ms. Brett*

**Hip Hop:** A high energy dance performed to rap, R&B, dance or pop music. Hip-hop emphasizes rhythm and body movement. We take great care in choosing appropriate music and choreography for our classes.

*Acro/Hip Hop Combo with Ms. Molly (Ages 4-6), Youth Hip Hop with Ms. Angela (Ages 7-11), Teen Hip Hop with Ms. Angela (Ages 12+)*

**Clogging:** An upbeat, percussive dance that includes elements of tap and Irish step dancing. While traditionally performed to bluegrass music, modern routines can be danced to hip-hop, dance or pop music. BDP offers classes in beginner, intermediate and advanced levels for all ages, as well as performance and competition opportunities.

*Beginning Clogging with Ms. Molly (Ages 4-7), Recreational Clogging with Ms. Angela (Ages 7+), Blairsville Dance Force Competition Clogging with Ms. Angela (by invite only)*

### Ages 7 and Up

**Jazz:** Jazz focuses on proper body mechanics, personal style, creativity and coordination. *Youth Jazz with Ms. Angela (Ages 7-10), Teen Jazz with Ms. Angela (Ages 10+)*

**Musical Theatre:** Musical Theatre is a form of theatrical performance that combines songs, spoken dialogue, acting and dance. *Musical Theatre with Ms. Brett and Ms. Hannah (Ages 7+)*

**Lyrical:** A fusion of ballet and jazz, lyrical uses motion to interpret lyrics and express emotions. *Lyrical (Ages 7-11) and Lyrical (Ages 12+) taught by Ms. Brett*

**Ballet Technique:** A class to help the dancers who want to take their technique to the next level. Focuses on leaps, turns and body alignment. A 30-minute add-on to our lyrical, ballet or contemporary classes. *Taught by Ms. Brett (Ages 7+)*

## **Ages 10 and Up**

**Contemporary:** A style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. *Taught by Ms. Angela (Ages 12+)*